DREAM OF WRITING YOUR OWN BOOK? I can help you write it in six weeks



Cathy Fyock CSP. SPHR

athy Fyock, CSP, SPHR is Your Possibility On Your Mark: From

Partner, providing you with the intensive support you need to get your book done. She is the author of five books, a forthcoming book—On Your Mark: From First Word to First Draft in Six Weeks—six workbooks, four e-learning modules, chapters in four books, website tool kits, as well as hundreds of articles, blog posts, white papers, and newsletters. Cathy has mastered the art of getting a book on paper quickly, completing her books within 6 weeks. She leads her own consulting/coaching/speaking practice and has been a member of the National Speakers Association for more than 20 years, and a Certified Speaking Professional (CSP) since 1993.

First Word to First **Draft in Six Weeks**

Cathy is an engaging speaker, and helps audiences learn to write and to achieve their business goals with her exciting presentation *On Your Mark: From* First Word to First Draft in Six Weeks. Topics include:

- You have a book inside you, but how do you get it out?
- So what's stopping you?
- Turning off "that voice" in your head.
- Getting a game plan.
- Creating momentum.
- You've got a draft... now what?

"Cathy Fyock is an amazing speaker, author, and human resources professional. Several years ago I called on Cathy to co-author a book which has been very successful in helping executives of growing home health agencies find and keep the staff they need to grow their businesses and get ready for the future."

STEPHEN TWEED

CEO, Leading Home Care, a Tweed Jeffries Company

"A consummate professional, Cathy is a skilled and talented consultant, speaker and author. Cathy is a "make things happen" person who does what she promises. When she says she can help you write your book in 6 weeks, she means it!"

ELIZABETH JEFFRIES, CSP, CPAE,

Executive Coach, Keynote Speaker, Talent Consultant, Author

"Cathy's program for the NSA KY Chapter was one of the most successful programs our chapter has hosted. So many of us had "aha moments" as we learned about her suggested model for getting your book written. Her style was engaging and program content extremely informative."

VIVIAN BLADE

Speaker, Author, Consultant



Turn your possibilities into realities! Contact Cathy today. Cathy@CathyFyock.com | 502.445.6539 | www.CathyFyock.com